

## Wholesome Noodle Bowl | Wholesomebowl.com

Shop healthy instant noodles, nutritionally enriched, Plant Based Noodles, Ramen Noodles Nutrition, Best Healthy Noodle and Nutrients In Ramen Noodles. The first truly healthy ramen noodles packed with protein, fiber and nutrients. We deliver healthy ramen noodles. We've combined the traditional taste of noodles with the science of modern dietetics, to create authentic-tasting noodles. [Healthy Ramen Noodles](#) USA, Quick And Healthy Noodle. We've created bowls with balance! Each bowl contains the nutrients you need to make sure you're nourished from the inside out.



We've created bowls with balance! Each bowl contains the nutrients you need to make to sure you're nourished from the inside out. Sometimes, life gets busy and meal prep gets hard. You want an easy alternative; one that doesn't compromise your health, or requires too much time in the kitchen. We've been there, and we hated it. Sick and tired of unhealthy meal replacements [Plant Based Noodles](#) and instant noodles with no nutrition, we decided to make a change. As massive instant noodle fans, we wanted a truly healthier alternative without making any compromises on taste. It had to be something we loved eating ourselves.

This process took 2 years, working closely with Food Standards Australia guidelines on health and nutrition, whilst also partnering with some of the best flavour developers and noodle makers in the land. The final result? The Wholesome Bowl! And we're super proud of it. We've combined the traditional taste of noodles with the science of modern dietetics, to create authentic-tasting noodles specifically formulated to help you feel whole and balanced. Our [Wholesome Noodle Bowl](#) are made with premium ingredients to deliver a premium taste, but at an accessible price. Because convenience should never compromise quality.

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